

FOOD

Trends

I am just back from a great trip to South America, it was my first time visiting this part of the world and I got to taste some interesting and unique local ingredients and soak up some amazing culture. Lima was a particular favourite with lots of delicious fruits and seafood. I'm looking forward to taking some inspiration from this trip and translating it into some new and unique products for our own brand ranges. Inspired by this trip this month's trend update is looking at some new ingredients (chaga mushrooms anyone???), packaging innovation and Sweden's latest fitness trend. Have a great month!

Dr. Deirdre Moriarty MUSGRAVE MARKETPLACE TRENDS EXPERT

A flat white and a mushroom coffee please!

We all know that coffee trends are big news, we have had chai lattes, turmeric lattes and now mushroom coffees are popping up in cafes and supermarkets. At the end of 2017 I had my trends crystal ball out and a trending ingredient that I called out for 2018 was the chaga mushroom, fast forward a few months and this trend has come to life. Mushrooms like chaga have anti-inflammatory properties and its these types of mushrooms that are being used in mushroom coffees rather than the more familiar mushrooms that are used for cooking. Look out for mushroom coffee coming to a coffee shop near you soon!



Fancy changing up your fitness regime and helping the environment?

If you haven't heard of "Plogging" you will soon. It's the latest fitness craze in Sweden, it combines jogging with you guessed it, picking up litter. You'll burn calories and do your bit for the environment!

Vanishing packaging...it's a thing!

Skipping Rock labs is a start up in London that has developed "Ooho" a sphere made from seaweed that is filled with water. The sphere is completely edible. The company's goal is to make packaging disappear, such a cool product. It's currently on sale in Selfridges in London.

Who knew there could be so much controversy about Camembert!

Camembert is synonymous with France but controversially, at the World Championship cheese contest held in the US, a Canadian Camembert made in Montreal was voted the world's best, beating out French Camembert's to claim the title. There are now calls for Camembert to get protective status, similar to champagne.



Coke is adding to its range in the US market

Two new Coke products are hitting the shelves in the US. Coca-Cola Georgia Peach and Coca-Cola Californian Raspberry are available in retail and foodservice. This is the first flavour addition to the Coke range since Vanilla coke came out in 2002 (am I the only one feeling old?!?)



with a Rocket & Grana Salad and Rosemary & Sea Salt Pomme Pont Neuf

serves 4 Ingredients

660784 Butcher's Select Striploin Steaks

177703 4 Seasonal Fare Potatoes

Loose Bakers Red

683820 10g Flora del Dalta Sea Salt Flakes
178458 200g Seasonal Fare Rocket Leaves
174018 100g Shaved Grana Padano Cheese

772381 40ml Musgrave Excellence

Extra Virgin Olive Oil 10g Fresh Rosemary

Rocket & Grana Salad

Wash and dry the rocket leaves.

In a large bowl, place the leaves and the shaved grana padano cheese.

Drizzle the extra virgin olive oil and toss delicately.

Rosemary & Sea Salt Pomme Pont Neuf

Peel and wash the potatoes.

Cut into sticks of 1 cm thick and 7 cm long, wash well and dry in a cloth.

Deep fry at 170°c for 7 to 8 minutes, until they start to colour, drain and keep aside.

To serve fry again at 180°c until golden.

Drain in a large bowl, sprinkle the sea salt and rosemary straight away.



Above!

Our Meat

Partnering with Kepak, we offer a tiered meat solution with quality and consistency guaranteed across our Premium Butchers Select brand and our mid-tier Simply Meat brand.

We can guarantee the quality of our meats because of the rigorous selection, ageing and butchering standards in place. Butchers Select is cut by Master Butchers from carefully selected 100% Irish steers and heifers and matured for a minimun of 21 days. Our lamb range is also 100% Irish and free range.

For any advice on any of our butchery products, you can speak to John Woods on 077 4777 7848.













Award Winning Irish Beef & Lamb















Moy Park Chicken Wings 697299 1x1kg



Only £2.49



Robinsons Jumbo Sausages 748162 1X1.36kg



Only £3.99



McAtamney 8oz Steak Burger

547637 1X12 pce



Plain Chicken Kebab 16ptn

689005 1x2kg

Only £12.99



Only £10.99



Paddle Skewer 5.9" 171122 1X100 pce

Only £3.79



Fairway Hamburger Relish 527160 1X2.4kg

Only £6.95



Heinz Salad Cream 571129 1X2.35kg

Only £6.69



HP Sauce 101353 1X2.3kg

Only £5.49



Heinz Tomato Ketchup 571159 1X2.55kg

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Only £6.49



Mae Ploy Sweet Chilli Sauce 658768 1x730ml

Only £1.99



Top Tips for your barbecue

- Use proper charcoal, food grade only of course, lumpwood charcoal is best
- You don't have to be a carnivore to use a BBQ. Aubergines and courgettes brushed with extra virgin olive oil and rubbed with rock salt and garlic is great and easy to BBQ
- Fish is beautiful on a BBQ, prawn skewers or a sea bass filled with fennel sticks or lemon grass sticks will work a treat
- Avoid flames grey and glowing is when the charcoal is ready.





Musgrave Professional Flexi Glass					
	440085.	.Half Pint Beer	1x50 pce	.£1.65	
Plastic Tumbler					
	481749	Pint To Brim 568r	nl1x70 pce	.£3.25	
Enjoy Cold Drink Paper Cups					
	505197	90Z		£4.25	
		120Z			
		160z			
	Caterpack Straws				
	653120.	.Flexiglo	1x250 pce	£1.39	
Musgrave Professional Paper Plates					
		9"			
	419221	6"	1x100 pce	£2.75	
	100	Kraft Paper Trays			
		Small 1lb			
		Medium 2.5lb			
	508575.	Large 3lb	1X250 pce	£21.15	
Musgrave Professional Lunch Napkins					
	318856.	.White 2ply 32cm.	1X200 pce	.£3.25	
Musgrave Professional Plastic Cutlery					
				50	
		.Forks			
		Knives.			
		. Dessert Spoon Teaspoon			
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694894 Musgrave Excellence Golden **Buttery Spread** 1x2 kg





177377 Baby Mix Leaf 1x500 g



World Cup



DATES to Remember

- Poland v Colombia Group H - Sunday - June 24, 7:00pm
- Switzerland v Costa Rica Group E - Wednesday - June 27, 7:00pm
- Serbia v Brazil Group E - Wednesday - June 27, 7:00pm
- England v Belgium Group G - Thursday - June 28, 7:00pm

















481928 Ribworld BBQ Pork Loin Ribs



Beers of THE WORLD



















- 1 Hop House 13 | 503760 | 8 x 500ml | £9.89
- 2 Desperados | 445002 | 8 x 330ml | £21.99
- 3 Spaten | 170545 | 20 x 500ml | £23.95
- 4 Peroni 330ml | 517862 | 4 x 330ml | £18.99
- 5 Staropramen 4pk | 576151 | 4 x 6 x 330ml | £18.99
- 6 Cobra | 232034 | 12 x 660ml | £18.19
- **7** Heineken 12 pk | 784232 | 12 x 2 x 330ml | £16.75

- 8 Kingfisher | 445952 | 12x650ml | £18.35
- 9 Doombar | 438121 | 8x500ml | £10.45
- 10 Singha | 510528 | 12x630ml | £20.95
- 11 Blue Moon 4Pk | 690067 | 6x330ml | £25.99
- 12 Tiger Beer | 657519 | 24X330ml | £20.99
- **13** Franziskaner | 445358 | 12X500ml | £14.89
- **14** Erdinger Kristal | 635233 | 12x500ml | £17.79







633730 Indian Tonic Water 633978 Ginger Ale ppes Range (NRB) 24x125 ml 633740 Elderflower Tonic Water 24x200 ml



LIM NEW BUY ME £10.99





693000 Appletiser 12x275ml



Britvic 55 538531 Orange 538532 Apple 24x275 ml



447596 Fanta Orange (NRB) 24x200 ml



403057 7 Up (NRB) 24x200 ml



Coca-Cola (NRB) 447593 Coke £7.99 447594 Diet Coke £6.99 579536 Coke Zero £6.99 24x200 ml



697382 Pink Peach £8.99697383 Pink Grapefruit £8.99 695479 Lemon & Lime £8.99 695489 Ginger Beer £7.99 12x375 ml



549515 Peach Tea 547855 Kiwi & Strawberry 549514 Apple 547853 Fruit Punch 12x473 ml



408056 Connells Blackforest Gateau 1x16 pce





523908 Plain Pavlova 700g 1x16 pce



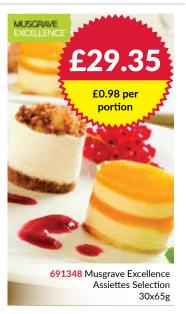




725710 Musgrave Excellence Apple Pie 12ptn 1x12 pce



















725347 Musgrave Excellence Frozen Probiotic Yogurt 1x4 ltr



350910 Meadowland Non Dairy Cream 12x1 ltr









693903 Kikkoman Teriyaki Sauce 1x1.9 ltr



696348 Kikkoman Soy Sauce 1x1 ltr

















648851 Kelkin Gluten Free Penne Pasta 1x500 g



648821 Kelkin Gluten Free Jaffa Cakes 1x150 g





648909 Kelkin Gluten Free White Bread 1x400 g





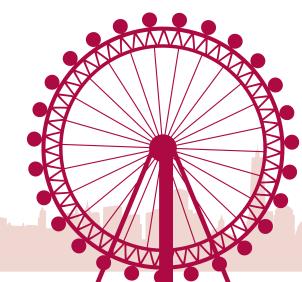
648959 Kelkin Gluten Free Brown Bread 1x400 g







648811 Kelkin Dark Choc Rice Cake 1x100 g













Kenco Coffee 277858 Really Smooth 277856 Really Rich 1x750 g



508748 Nambarrie Teabags 1x1200pce



633180 Coffee House Lane 1876 Blend 1x1 kg



321226 Canderel Granular Sticks 1x1000pce



649061 Alpro Soya For Professionals 12x1 ltr



673794 Alpro Coconut Soy For Professionals 12x1 ltr



649049 Alpro Coconut Drink 8x1 ltr



649019 Alpro Almond Unsweetened Drink 8x1 ltr











Smartbuy Bleach 170025 Thick £3.49 170023 4% Active £2.95 1x5 ltr



170032 Smartbuy Pine Disinfectant
1x5 ltr



170038 Smartbuy Washing Up Liquid 1x5 ltr



550471 Prof Fairy Non Bio Powder 90 Scoop 1x5.8 kg



496211 Summer Breeze 496404 Moonlight Harmony 444399 Odour Elimination 441232 Spring Awakening 1x3.8-4 ltr



Fairy Dishwasher Tablets 544360 Lemon 545367 Original 1x100 pce



176615 Teepol Kitchen Cleaner Sanitizer 1x1 ltr



630959 3M Sponge Scouring Pads





508951 Scotch Brite Classic Foam Scourers 1x10 PK



508985 Scotch Brite BBQ Handled Scourer 1x1 pce



237011 Heavy Duty Scouring Pad 3M Pk 6 1801 1x6 PK





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